Alcohol Activity Sheet Answers

Fill in the blanks:

1. The first function to be impaired by alcohol is **judgment**.
2. Alcohol goes from the stomach and small intestine directly into the **blood stream**.
3. Alcohol has no nutritional value, but it is very high in **calories.**
4. The term BAC refers to **blood alcohol concentration**.
5. **Binge drinking** is an early sign of alcohol dependency.
6. Alcohol can damage body organs, especially the **brain** and **liver**.

Mark all answers that apply:

1. **A person can sober up by:**
   a. drinking two cups of coffee c. taking a cold shower
   b. exercising vigorously   **d. waiting for the body to metabolize the alcohol**

2. **The number one cause of death for teenagers and young adults is:**
   a. suicide   **c. alcohol-related motor vehicle accidents**
   b. heart disease   d. alcohol-related drowning

3. **A comparison of a can of beer, a glass of wine, and a shot of whiskey would show that:**
   a. the whiskey has the most alcohol   **c. the alcohol content is about the same for all**
   b. the beer has the least alcohol   d. wine and beer are closest in alcohol content

4. **Using alcohol with other drugs:**
   a. diminishes the effects of the other drugs   c. has no significant effect
   b. increases the effects of all the drugs,   d. helps avoid addiction to any drug
   including the alcohol

5. **Pregnant women and nursing mothers are advised to drink:**
   a. no more than once a week   b. only once a month   **c. not at all**

6. **Alcohol affects teenagers:**
   a. more than adults   b. less than adults   c. the same as adults

Mark each item True or False:

1. The amount of alcohol in one drink cannot affect a person's ability to drive. **False**
2. Teenagers can become addicted to alcohol more rapidly than adults. **True**
3. Females who drink are more likely than males to develop cirrhosis of the liver. **True**
4. Alcohol is a stimulant that speeds up the nervous system. **False**
5. A person can overdose and die from too much alcohol. **True**
6. People with alcoholic parents are less likely to develop a problem with alcohol. **False**