



## **“DOWN THE HATCH”**

Read the following statements in order to see some of the reasons people say they drink alcohol. *Select five of the reasons listed and support or disprove them.*

I drink to have fun.

I don't want to feel left out.

I want to try it.

I like to get “stoned.”

I do it to be sociable.

It calms me down.

It quenches my thirst.

It helps me to fit in.

It helps me to forget stuff.

It helps me to relax.

It makes me stop “hurting” inside.

It's a habit.

There is nothing else to do.

Everyone else is doing it.

I like the taste.

There is nothing wrong with it.