

FOLLOW ALCOHOL THROUGH THE BODY

Pre/Post Test ANSWERS

Complete the sentences below, using the words above that section:

oxidation	digestion	detoxification
hour	cirrhosis	cleaning
½ ounce	damage	poisons

The liver aids in <u>detoxification</u>. It acts as a <u>cleaning</u> station to rid the body of <u>poisons</u>.
 The liver breaks down the alcohol in the body at a rate of <u>1/2</u> <u>ounce</u> of pure alcohol per <u>hour</u>.

This is called **oxidation**. Nothing can change the rate of this process. The excess use of alcohol can **damage** the liver and lead to a serious disease called **cirrhosis**.

completely	capillaries	directly
irritates	small intestines	not digested
esophagus	rapidly	no

2. Alcohol irritates the <u>esophagus</u>. It has <u>no</u> food value. Alcohol is <u>not digested</u> in the stomach. A small amount of the alcohol is absorbed <u>rapidly</u> into the bloodstream through the smallest blood vessels called <u>capillaries</u>. The rest of the alcohol passes into the <u>small intestines</u> where it is absorbed <u>completely</u> into the bloodstream. Alcohol <u>irritates</u> the stomach lining. Acute abdominal distress, vomiting, and ulcers may occur.

coordination	minutes	bloodstream
behavior	impairs	judgment
sedative	digests	depresses

3. The <u>bloodstream</u> carries alcohol to the brain within <u>minutes</u>. Alcohol is a <u>sedative</u> drug that <u>depresses</u> the central nervous system. It <u>impairs</u> the function of <u>judgment</u>, <u>behavior</u>, <u>coordination</u>.