



METHAMPHETAMINE QUIZ ANSWERS

1. The most potent form of methamphetamine is called Ice or Crystal. 98% of people who smoke crystal methamphetamine (ice) become addicted to it within one year.
2. In the early stages of addiction, each high seems better than before. You think you have control over your drug intake.
3. At first, the crash is just a mild depression lasting a day or two.

How Methamphetamine Works in the Brain

1. A huge surge of dopamine is what causes the high.
2. After using meth for a while, the crash lasts for 7-14 days. You feel achy, depressed, grouchy, tired, hungry, intense anxiety.
3. Cell-A Dopamine transporters that scream for too long can't talk.
4. Cell-B Dopamine receptors that are hyperstimulated are destroyed.
5. When receptors are destroyed, you don't get high anymore.

Midbrain Personality Centers

1. Does methamphetamine cause holes in the brain? Yes
2. How long does it take for methamphetamine to kill cells in the self-control tract? 1 night (2 ½ hours to 4 days)

Personality Changes

1. Addicts are unable to control their emotions. Fear turns into paranoia.
2. Addicts have hallucinations and delusions. We call that "methamphetamine psychosis."
3. Addicts have hallucinators and flashbacks. They go for days without sleep.
4. Addicts have the itchies and the twitchies, and they become hyperactive and fidgety.
5. Addicts lose their appetite and lose a lot of weight. Their hair and teeth fall out.
6. Addicts lose their memory and cannot remember how to do a job.
7. Addicts become profoundly depressed. The depression lasts for 12-18 months.
8. Abstinence means to quit all drugs. Over 12-18 months, symptoms improve.

Responsible Choices

1. If the only friends you have are drug users, you will do it too. You are responsible for your choice of friends.
2. 20. It hurts so bad to get off meth, nobody is going to do it until it hurts worse to keep using.