



METHAMPHETAMINE QUIZ

1. The most potent form of methamphetamine is called Ice or Crystal. _____% of people who smoke crystal methamphetamine (ice) become addicted to it within one year.
2. In the early stages of addiction, each high seems _____ than before. You think you have _____ over your drug intake.
3. At first, the crash is just a mild depression lasting _____.

How Methamphetamine Works in the Brain

1. A huge surge of _____ is what causes the high.
2. After using meth for a while, the crash lasts for ____ days. You feel achy, depressed, grouchy, tired, hungry, intense anxiety.
3. Cell A Dopamine transporters that scream for too long can't _____.
4. Cell B Dopamine receptors that are hyperstimulated are _____.
5. When receptors are destroyed, you don't get _____ anymore.

Midbrain Personality Centers

1. Does methamphetamine cause holes in the brain? _____
2. How long does it take for methamphetamine to kill cells in the self-control tract? _____

Personality Changes

1. Addicts are unable to control their emotions. Fear turns into _____.
2. Addicts have hallucinations and delusions. We call that "methamphetamine _____."
3. Addicts have _____ and flashbacks. They go for days without sleep.
4. Addicts have the itchies and the twitchies, and they become _____ and fidgety.
5. Addicts lose their _____ and lose a lot of weight. Their hair and teeth fall out.
6. Addicts lose their memory and cannot _____ how to do a job.
7. Addicts become profoundly _____. The depression lasts for _____ months.
8. Abstinence means to _____ all drugs. Over 12-18 months, symptoms _____.

Responsible Choices

1. If the only friends you have are drug users, you will do it too. You are responsible for your choice of _____.
2. It _____ so bad to get off meth, nobody is going to do it until it _____ worse to keep using.